



St Ambrose R.C. Primary School

Princess Road
Chorlton-cum-Hardy
Manchester M21 7QA
Tel: (0161) 445 3299

Head teacher: Mrs R Vayro
Email: head@st-ambrose.manchester.sch.uk
Website: www.st-ambrose.manchester.sch.uk

Loving minds ♥ hearts ♥ hands.

Thursday 25th February 2021

Dear Parents/Carers

We are very much looking forward to welcoming all of your children back to school on Monday 8th March!

Thank you all for your commitment and support in ensuring that your children have completed their remote learning so far. I know that you will all sustain this effort right up to Friday 5th March so that your children are as well equipped as possible to start getting back to learning as normal. Details of arrangements for the school day and the measures which are being put in place to ensure everyone's safety in the school environment will be set out in a letter to you next week.

There is a lot of excitement and anticipation (both amongst the staff and, I am sure, amongst the children) at the prospect of all being back together in school after such a long time away. We do recognise, however, that there will also be nervousness and apprehension for the same reasons. Here are some suggestions which may help you and your children deal both with their positive and negative feelings at this important time for them:

1. Routine - as you know, sleep is very important for your child's mental health and wellbeing, as well as their development. Please try to help your child build a healthy sleep routine which they can then maintain over the weeks and months ahead.
2. Talking - it is normal for a child to have mixed emotions and so sharing their feelings can help reassure them.
3. Learning - as I have touched on above, now is not the time to relax your vigilance and support as your children continue with their remote learning up to and including Friday 5th March.
4. Positivity - please encourage your children to think about the positive aspects of returning to school. For example, they can pick up all their activities and contributions to the school community, they will be able to see their friends again and - because he is very much looking forward to seeing them - they can look forward to a huge welcome back from Bernard!

I wish you and your children a happy and productive final week of remote learning and, as ever, if you have any queries or there is anything you need to discuss, please do not hesitate to contact the school in the usual ways.

God Bless

Mrs Ruth Vayro



St Ambrose
National School of Formation 2017

